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**Nursing**

# PSNCB-CPSN

*PSNCB Certified Plastic Surgical Nurse*

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### Question: 1

What type of trauma can cause soft tissue injuries, burns, and necrosis in the extremities?

- A. Soft tissue injury
- B. Fractures
- C. Necrosis
- D. Burns

Answer: D

Explanation: Trauma to the extremities can result in soft tissue injuries, including burns. Burns can cause tissue damage, necrosis, and related complications in the affected extremity.

### Question: 2

What type of trauma can cause burns, soft tissue injuries, gunshot wounds, and avulsion injuries in the abdomen and trunk area?

- A. Burns
- B. Soft tissue injuries
- C. Avulsion injuries
- D. Gunshot wounds

Answer: D

Explanation: Trauma to the abdomen and trunk can result from various causes, including gunshot wounds, which can cause burns, soft tissue injuries, and avulsion injuries.

### Question: 3

Which cosmetic/aesthetic procedure involves the surgical removal of excess fat and skin from the eyelids?

- A. Blepharoplasty
- B. Rhinoplasty
- C. Cheek augmentation
- D. Chin augmentation

Answer: A

Explanation: Blepharoplasty is a cosmetic/aesthetic procedure that involves the surgical removal of excess fat and skin from the eyelids. It is commonly performed to rejuvenate the appearance of the eyes.

#### Question: 4

Which disease process commonly affects the abdomen and trunk and involves the abnormal growth of malignant cells?

- A. Vaginal reconstruction
- B. Benign tumors
- C. Post-bariatric surgeries
- D. Cancer

Answer: D

Explanation: Cancer can affect the abdomen and trunk, leading to the abnormal growth of malignant cells. Various types of abdominal and trunk cancers can occur.

#### Question: 5

Which cosmetic/aesthetic procedure involves the surgical reshaping of the nose?

- A. Cheek augmentation
- B. Blepharoplasty
- C. Rhinoplasty
- D. Chin augmentation

Answer: C

Explanation: Rhinoplasty is a surgical procedure that focuses on reshaping the nose, often to improve its appearance or correct functional abnormalities.

### Question: 6

Which cosmetic/aesthetic procedure involves the surgical reshaping, repositioning, or augmentation of the breasts to improve their size, shape, or symmetry?

- A. Mastopexy
- B. Breast reduction
- C. Breast revision
- D. Breast augmentation

Answer: D

Explanation: Breast augmentation is a cosmetic/aesthetic procedure that aims to enhance the size, shape, or symmetry of the breasts. It involves the surgical placement of implants or the transfer of fat to achieve the desired outcome.

### Question: 7

What type of trauma can result in soft tissue injury, burns, necrosis, and abscesses in the breast area?

- A. Soft tissue injury
- B. Abscesses (pressure ulcers)
- C. Necrosis
- D. Burns

Answer: B

Explanation: Trauma to the breast can lead to various complications, including the development of abscesses or pressure ulcers. These can result in soft tissue injury, burns, necrosis, and related issues.

### Question: 8

Which of the following cranial-facial congenital anomalies involves a separation or opening in the upper lip?

- A. Port wine stain
- B. Cleft palate
- C. Cleft lip
- D. Arteriovenous malformation

Answer: C

Explanation: Cleft lip refers to a separation or opening in the upper lip, which can extend to the nose. It is a common cranial-facial congenital anomaly.

### Question: 9

What type of trauma can result in soft tissue injuries, burns, and necrosis in the breast area?

- A. Soft tissue injury
- B. Burns
- C. Necrosis
- D. Abscesses (pressure ulcers)

Answer: B

Explanation: Trauma to the breast can cause soft tissue injuries, including burns, which can result in tissue damage, necrosis, and related complications.

### Question: 10

Which disease process commonly affects the abdomen and trunk and involves the surgical removal of excess skin and fat after significant weight loss?

- A. Cancer
- B. Benign tumors
- C. Vaginal reconstruction
- D. Post-bariatric surgeries

Answer: D

Explanation: Post-bariatric surgeries refer to procedures performed on individuals who have undergone significant weight loss, often through bariatric surgery. These surgeries involve the removal of excess skin and fat from the abdomen and trunk.

### Question: 11



Which disease process can involve body contouring procedures such as buttock augmentation, suction-assisted liposuction (SAL), and lower body lift?

- A. Cancer
- B. Benign tumors
- C. Tummy tuck
- D. Body contouring

Answer: D

Explanation: Body contouring procedures, such as buttock augmentation, suction-assisted liposuction (SAL), and lower body lift, are commonly performed as part of the treatment for patients undergoing body contouring. These procedures aim to reshape and enhance the appearance of various body areas.

### Question: 12

Which disease process commonly affects the breast and involves the abnormal growth of malignant cells?

- A. Benign tumors
- B. Cancer
- C. Congenital Poland syndrome
- D. Nipple deformity

Answer: B

Explanation: Cancer is a disease process that frequently affects the breast. It involves the uncontrolled growth and spread of malignant cells, which can lead to various types of breast cancer.

### Question: 13

Which type of trauma involves fractures of the facial bones, specifically the upper jaw and cheekbones?

- A. Soft tissue trauma
- B. Mandibular fractures
- C. Le Forte fx
- D. Animal bites

Answer: C

Explanation: Le Forte fractures refer to fractures of the facial bones, particularly the upper jaw and cheekbones. These fractures are classified into different types based on the location and severity of the injury.

### Question: 14

Which cosmetic/aesthetic procedure involves the surgical removal of excess fat and skin from the upper arms?

- A. Rhinoplasty
- B. Suction-assisted liposuction (SAL)
- C. Thigh lift
- D. Arm lift

Answer: D

Explanation: An arm lift is a cosmetic/aesthetic procedure that aims to remove excess fat and skin from the upper arms. It is typically performed to achieve a more toned and contoured arm appearance.



### **Question: 15**

What type of trauma may lead to amputation, burns, lacerations, fractures, and dislocation of digits in the extremities?

- A. Amputation
- B. Burns
- C. Lacerations
- D. Fractures

Answer: A

Explanation: Trauma to the extremities can result in severe injuries such as amputation, burns, lacerations, fractures, and dislocation of digits.

### **Question: 16**

Which disease process involves ulcers, amputation, contractures, and benign tumors in the extremities?

- A. Benign tumors
- B. Ulcers
- C. Amputation
- D. Cancers

Answer: D

Explanation: Extremities can be affected by various disease processes, including cancers. These can manifest as ulcers, amputation, contractures, or the presence of benign tumors.

### Question: 17

What type of vascular malformation presents as a birthmark characterized by a red or purple discoloration on the skin?

- A. Hemangiomas
- B. Arteriovenous malformation
- C. Port wine stain
- D. Skin lesions

Answer: C

Explanation: A port wine stain is a type of vascular malformation that appears as a red or purple birthmark on the skin. It is caused by abnormal blood vessels near the surface of the skin.

### Question: 18

Which cosmetic/aesthetic procedure involves the surgical removal of excess fat and skin from the thighs?

- A. Thigh lift
- B. Suction-assisted liposuction (SAL)
- C. Arm lift
- D. Rhinoplasty

Answer: A

Explanation: A thigh lift is a cosmetic/aesthetic procedure that targets the removal of excess fat and skin from the thighs. It is performed to achieve a more sculpted and proportionate appearance of the thighs.

### Question: 19

What type of trauma can cause burns, soft tissue injuries, gunshot wounds, avulsion injuries, and genital injury in the abdomen and trunk area?

- A. Burns
- B. Genital injury
- C. Gunshot wounds
- D. Soft tissue injuries

Answer: B

Explanation: Trauma to the abdomen and trunk can lead to various injuries, including burns, soft tissue injuries, gunshot wounds, avulsion injuries, and genital injury. Genital injury is a potential consequence of trauma in this area.



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